

COURSE INTRODUCTION.

WEEK 1  
SESSION 1

Esoteric Science or lifewave Science represents the inner teachings of lifewave, concerning the Nature of the created universe. The knowledge is not new. Just as the Divinity of Man has been known about down through the ages, so too and yet only revealed at certain times when a Master is present, so too this knowledge has been held by the various mystery schools but only taught in a complete and accurate form when there are Adepts, Enlightened Beings, to penetrate its mysteries and ~~justify~~ teach it in its from the highest viewpoint.

LESSONS FOR TEACHING IT:  
1. lifewave Science is based on knowledge gained from higher states of awareness. From these higher states it is apparent that creation rests on certain fundamental laws which operate everywhere and at all times.

So our first purpose is to give a clear understanding of these basic laws.

We find that the same laws<sup>(2)</sup> operate in Man as in the Cosmos at large and so the your own nature as a Microcosm or a reflection of the whole created Universe is made more clear.

This is one of the things which brings the whole teaching to life because we are all learning about ourselves as well as about creation. Lifewave Science is the study of life itself and since life is everywhere, the field of study is vast ~~but~~ and at the same time very close to us. This makes it very exciting.

2. This is not being taught simply to be learned and stored away as so much academic luggage. You dont need shelf fulls of big fat books, all with knowledge safely packed away gathering dust.

If book [**show book!**] contains no knowledge. Knowledge exists in you or nowhere at all. So its only value is when it is used and becomes a part of your life and your way

of looking at life.

or in you coming here  
to learn it

The only value in teaching it is if you apply it in your own life.

If we know about the way we, and the world, are put together, we can apply this to how we live, to our diet, our mental health, how we treat our environment, our relationships and so on.

So don't be sidetracked into all the interesting little titbits, bear always in mind why you are learning, which is to use the knowledge and grow through it.

Within the mind there are many levels and 3. How we view the world depends on whether we are polarized more in our lower minds or in the higher aspect, Higher Mind. Will speak about this in much more depth.

Much of what you will learn can only be ~~really~~ grasped by a Higher Mental viewpoint so the effort to grasp it will help to develop this.

HM is a more unified and universal state of

Mind in which we <sup>(3)</sup> realize the connection between everything, the underlying causes, and rather than coming down into the more analytical heavy, slow, fragmentary approach of L.M.

The Spiritual teaching of lifework is concerned with the attainment of expanded states of awareness. These cannot be well reflected through a fragmentary and analytical view of the world.

So developing HM is an important complement to spiritual growth.

41. We hope you will gain the confidence to pursue your investigation into the areas that interest you most after the course is over.

All these laws ultimately come from you, and make up what you are physically, emotionally and mentally. You don't need to be clever to understand them, in fact cleverness often stands in your way. You will need perseverance and persistence to penetrate your own limits and once

this process is underway, it can be continued  
and really developed.

Don't be sheep. Be wolves.