

CHAPTER XIX :
THE HOLY GHOST As SHABD, THE PRIMAL SOUND ENERGY

"And suddenly there came from heaven a sound as of the rushing of a mighty wind, and it filled all the house where they were sitting. And there appeared unto them cloven tongues like as of fire; and it sat upon each one of them. And they were all filled with the Holy Ghost, and began to speak with other tongues, as the Spirit gave them utterance.

"Now there were dwelling at Jerusalem Jews, devout men, from every nation under heaven. And when this sound was heard, the multitude came together, and were confounded, because that every man heard them speaking in his own language." (ACTs. 2: 2-7) (*American Edition.*)

"Who, when they were come down, prayed for them, that they might receive the Holy Ghost: (For as yet he was fallen upon none of them : only they were baptized in the name of the Lord Jesus.) Then laid they their hands on them, and they received the Holy Ghost. And when Simon saw that through laying on of the apostles' hands the Holy Ghost was given, he offered them money, saying, Give

me also this power, that on whomsoever I lay hands, he may receive the Holy Ghost. But Peter said unto him, Thy money perish with thee, because thou hast thought that the gift of God may be purchased with money." (Acts 8: 15-20)

"While Peter yet spake these words, the Holy Ghost fell on all them which heard the Word.' (Acts 10:44)

"By hearing the Word."

One sounds the depths of virtue's sea.

By hearing the Word

One acquires learning, holiness and royalty.

By hearing the Word

The blind see and their paths are visible.

By hearing the Word The fathomless becomes fordable.

O Nanak, the Word hath such magic for the worshippers,

Those that hear, death do not fear,

Their sorrows end and sins disappear."

(Stanza No. 11, from Japji' - The Morning Prayer from the Granth Sahib).

This Eternal, Holy Shabd Energy was at the beginning of creation and is at the end of all creation, as the One Object and Essence of attainment in Life, especially here on earth. In the middle also it is and was the Holy Spirit of the Logos, like an unseen Holy Ghost of the One Essence, which was working and moulding all things by His Will or Mauj, so named by the Saints.

"In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made through him; and without Him was not anything made that was made. In Him was life; and the life was the light of men. And the light shineth in darkness; and the darkness apprehended it not." (John 1 : 1-5)

It was That Energy which Jesus called the Father who doeth all things. Even as Lao Tzu said:

"It is the Great Tao which doeth all things."

He is the Life of the creation. He is the Light which lighteth every man who cometh into the world. He is the Light and the Sound which human beings must find within themselves, and hold onto, to be lifted out of all darkness of Kal and Maya. The Holy Shabd is the one River of Life, Light, Love and Understanding which is the Bliss of the Holy Spirit.

He is the Essence of religion, the object of all devotion, and the Cause of all things. He is "the One Light which shineth into the darkness and the darkness comprehendeth it not" neither can it engulf it. He is the One Reality in all Life, which passeth all understanding. He is the Sound Energy-the Heavenly Sound-on every

plane of existence, as the Core and Holy Center which supports all beings and things.

He is the Holy Ghost, the Comforter, the Illumination given to devoted disciples of the Masters, True Mystics or Saviors. He is all language and all speech, yet few there are who hear and understand. He is all Light and all Sound, and the Consciousness of Love's Essence, of Bliss. Attaining union with Him is the only salvation. Prayers of devotion are steps to His altar within.

Attention, with love, is the Way to His Abode. Only the words of Love at His Centers in all regions and realms are the powers against which nothing can prevail. The repetition of His Holy Names, as instructed by the living Guru, is the Way inward and upward, to His Holy Abode in the Sound Current of the One Essence. Jesus said:

"It is written, man shall not live by bread alone but by every WORD that proceedeth out of the mouth of God." (MAT. 4:4)

There can be no true religion without Him, for He is the Cause of all religions. He is the object and aim of every devotion and creed. Without Him, naught can exist. He is the Essence in the teachings of all the Saints and True Masters, as the Holy Shabd or Sound Current or Holy Spirit mentioned in all Sacred Scriptures. None can limit or possess Him; but all are invited to come to His Feast, prepared for the children of men.

He is the Supreme Gift of the True Guru or Teacher to His devoted disciples. Without that Pearl of Great Price, nothing has value. When the soul findeth it,

it *'sells all it has'*; namely, gives up all other attachment, and buys that Pearl. Not with physical wealth,

of course. Only by such undivided attention to devotion in concentration, can **He** be attained.

"Be not deceived; God is not mocked; for whatsoever a man soweth that shall he also reap." (GALATIANS 6: 7)

Only the Essence within us can meet that Essence. Nothing else can enter the Kingdom of that Heaven of the Supreme Being. Purity of heart is essential as the Oneness in Aim and devotion. No mere talk and words of the mind can reach His Abode, only the sincere devotion of Love and Attention in adoration, by listening to His Holy Sound. External music and hymns are but symbols of the Real and reach not His Gate. The Hem of His Garment drips with the power of the One Essence and is adorned with the Jewels of Love. His Garment is woven of One Piece, and men cast lots for it, because it cannot be divided. Who is worthy to possess such a *'Wedding Garment'* of the Spirit? Only Love can choose wisely here.

Oneness, singleness of purpose- **"let thine eye be single"**- with sincerity, is the Way of the Single Eye in the center of the forehead. It is the Jewel of jewels in *'Revelations'*. (REVELATIONS -CHAPTERs 14 and 21).

Nothing is Real except He. All other things and Karmas are in delusion. Beholding Him, the ecstasy of the soul knows no bounds. He is as deep and deeper than all the seas, and mightier than the ocean's roar. He is the One True One, for He Himself is Truth. Whosoever abideth in Him, need not fear. There is no power in all the heavens and earths which can compare. There is rest and safety under His Wings. In the shadow of the Almighty, there is Peace beyond understanding. Nothing reaches beyond Him or His Abode. The Soul's highest reach is in Him alone. Unity is

His Essence and Love is His Code. Might is but a meaningless word without His Reality. How can we adore such a One? Only silence and devotion can absorb His Bounty. Only attention **with our whole being** can sing His praise.

"He alone can His own greatness measure. O Nanak, what He gives we must treasure."

(Last two lines of stanza 24 of JAPJI - The Morning Prayer from the Granth Sahib).

Where shall we look for our Beloved? Shall we seek Him in the garden of the body, or in the mountain of spices in the fragrance of the pure soul essence? He is everywhere; but in heart of hearts is His Core, and His Abode is there. WITHIN OUR HOLY SHRINE OF SILENCE, IS THE SOUND OF THE SOUNDLESS ONE.

Who shall say, on which Way we shall meet Him? He Himself **is** the Way, the Truth and the Light of Life. How can we adore Him Whom none is before?

If we go within, We merge the self in Him.

Our Beloved is most fair. If we were but one heir,

His Holy Bliss to share!

Love needs no convincing, but the intellect is blind in spiritual things. Reading these Truths before retiring at night lifts up the mind to a higher level of consciousness during sleep, and the repetition of what was read goes on automatically in the mind. It helps to purify the subconscious and straighten out its energy lines in the direction of the True Goal.

