

Meditation Diary May 2017

Date	Meditation	Spiritual Study	Daily Quote
1st	1 hour	Published Meditation Diary April 2017	Read
2 nd	1 H 10 min	Worked on Tarot Card 'The Moon'	Read
3rd	1 Hour	Published the Moon Tarot Video/Article	Read
4th	1 Hour	Published Cain and Abel Article	Read
5th	1 Hour	-	Read
6th	30 mins	Julian of Norwich Reading	Read
7th	65 mins	-	Read
8th	65 mins	-	Read
9th	45 mins	Julian of Norwich Reading	Read
10th	35 mins	-	Read
11th	1 H 20 mins	-	Read
12th	25 mins	-	Read
13th	1 Hour	Noahs Ark Article Published	Read
14th	30 mins	-	Read
15th	17 mins	-	Read
16th	18 mins	Julian of Norwich Reading	Read
17th	-	-	Read
18th	-	Mysticism of Lot Biblical Article Published	Read
19th	-	-	Read
20th	-	-	Read
21st	15 mins	Mystic Revelation of Exodus Article	Read
22nd	10 mins	-	Read
23rd	20 mins	-	Read
24th	Time Off	-	Read
25th	Time Off	-	Read
26th	Time Off	-	Read
27th	Time Off	Fall of Jericho Article	Read
28th	Time Off	-	Read
29th	Time Off	Julian of Norwich Reading	Read
30th	Time Off	-	Read
31st	Time Off	-	Read
Total		Goal = 31h , Actual = 15h , 45 min	